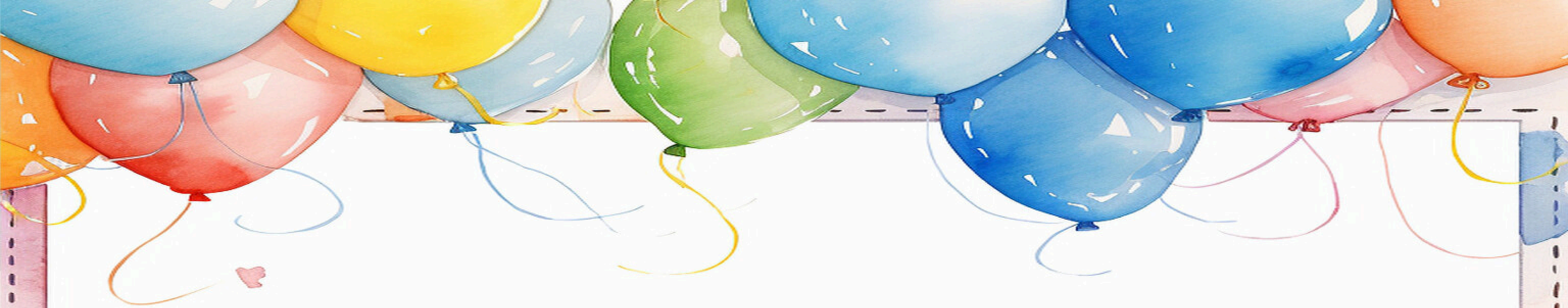


Temple, the Purple Elephant, and Being Compassionate



A story about compassion, big feelings, and learning to care for friends

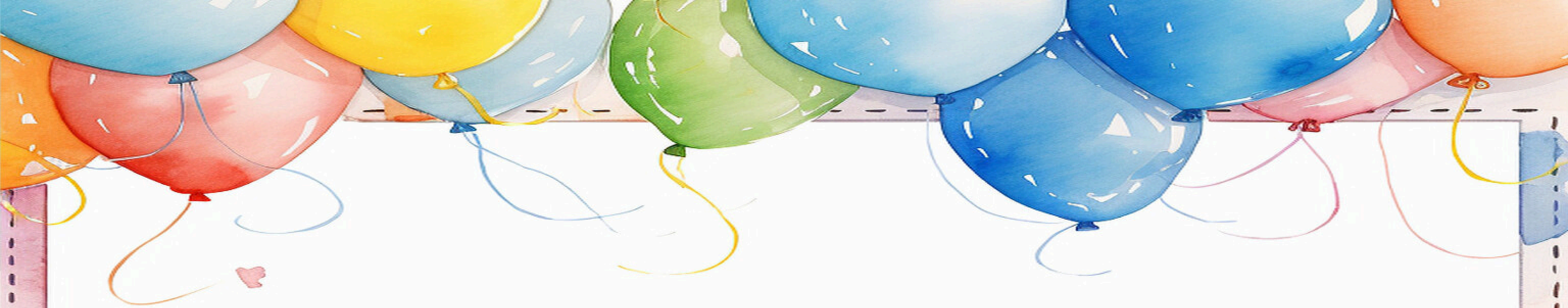




Temple loved purple! Her curly purple hair bounced when she laughed, her shoes sparkled purple, and her best friend was the silliest, happiest purple elephant you'd ever meet!



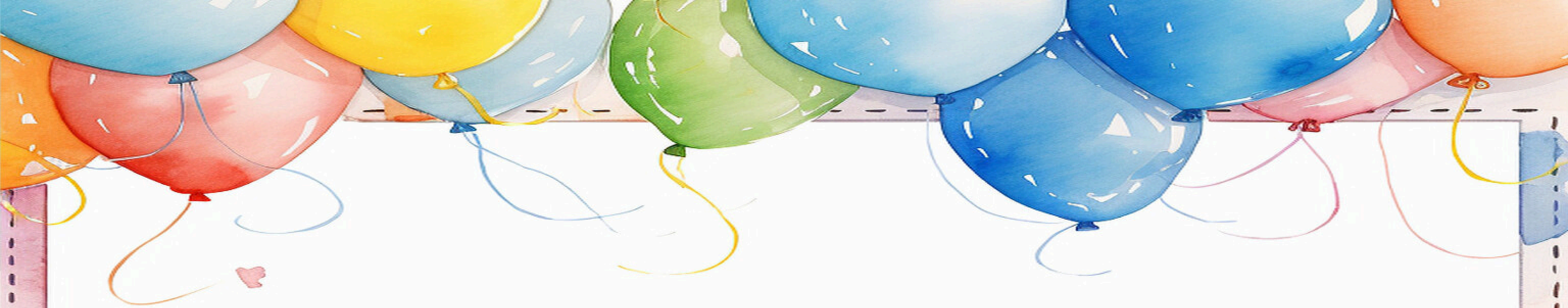




But today, Temple noticed her friend Mia sitting at the purple table, tears rolling down her cheeks.



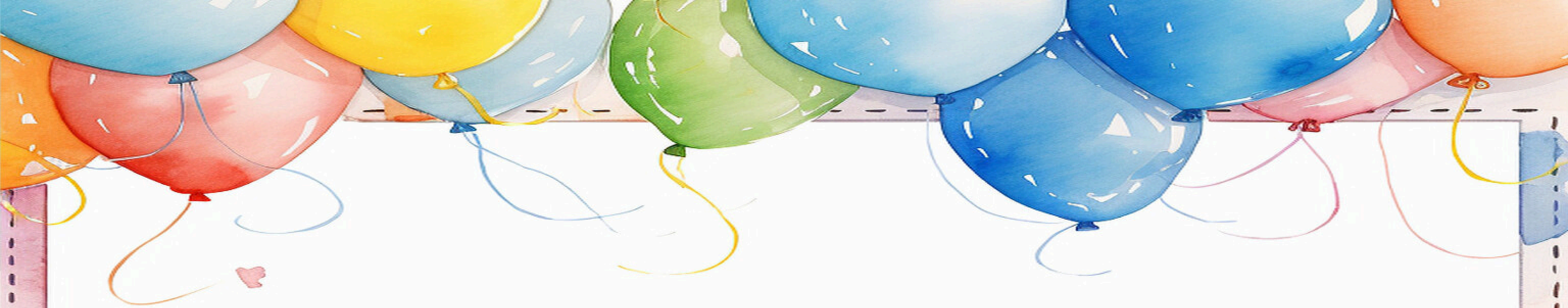




Temple knelt beside her. “Mia, what’s wrong?” she asked gently.



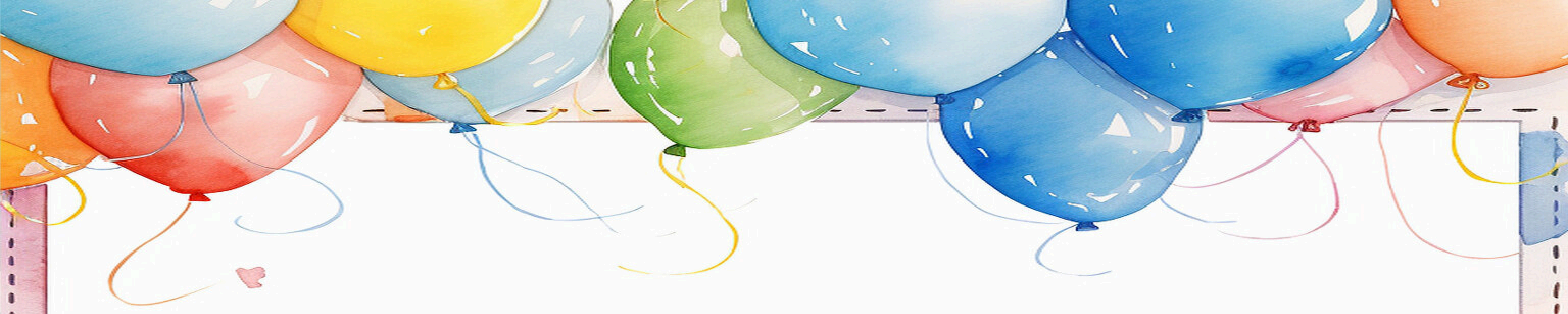




Mia sniffled. "I can't do this puzzle. It's too hard!"



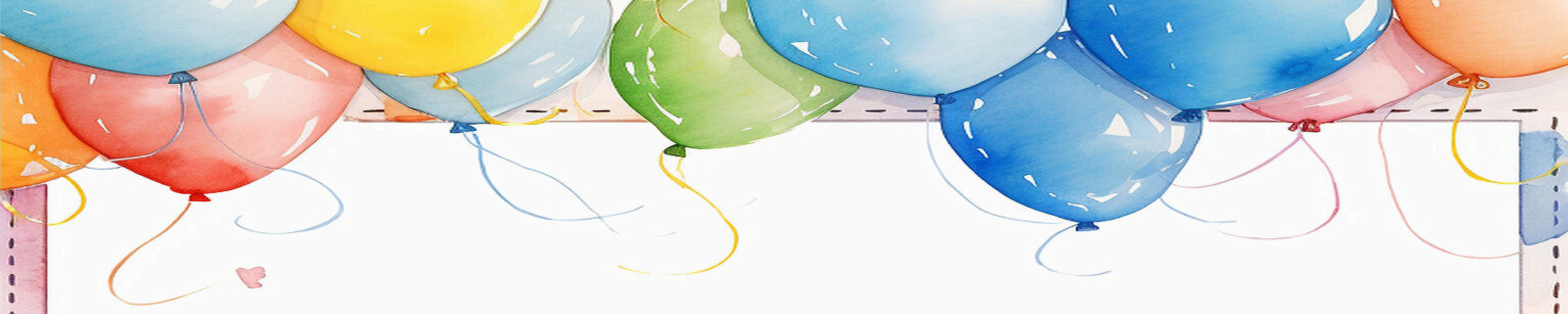


A row of colorful balloons in shades of blue, yellow, green, red, and orange, with long, thin ribbons trailing down. The balloons are clustered together at the top of the page.

Temple gave Mia a soft smile. “It’s okay to feel upset. But guess what? Purple Elephant knows a fun way to feel better!”



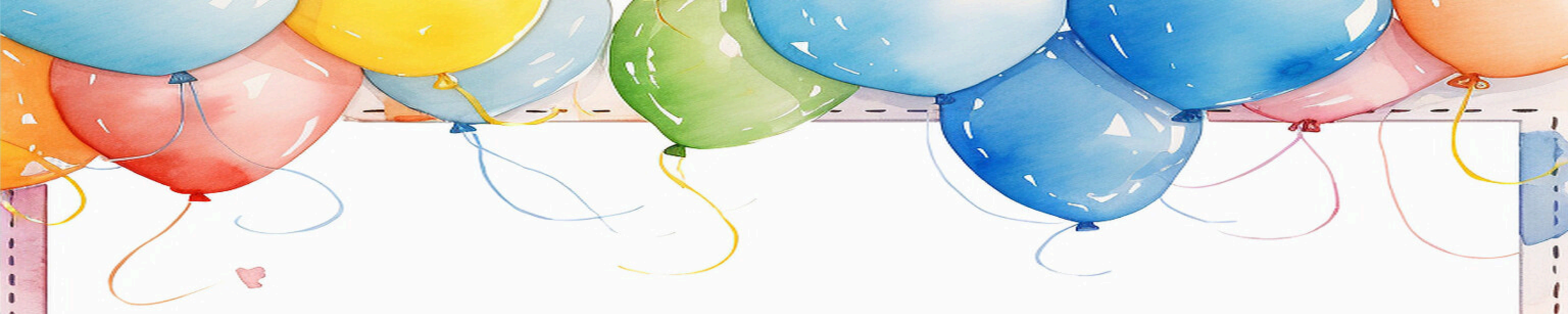


A row of colorful balloons in shades of blue, yellow, green, and red, with long, thin ribbons trailing down. The balloons are clustered together at the top of the page, creating a festive atmosphere.

“Do you want to try?” Temple asked. Mia sniffled and nodded.



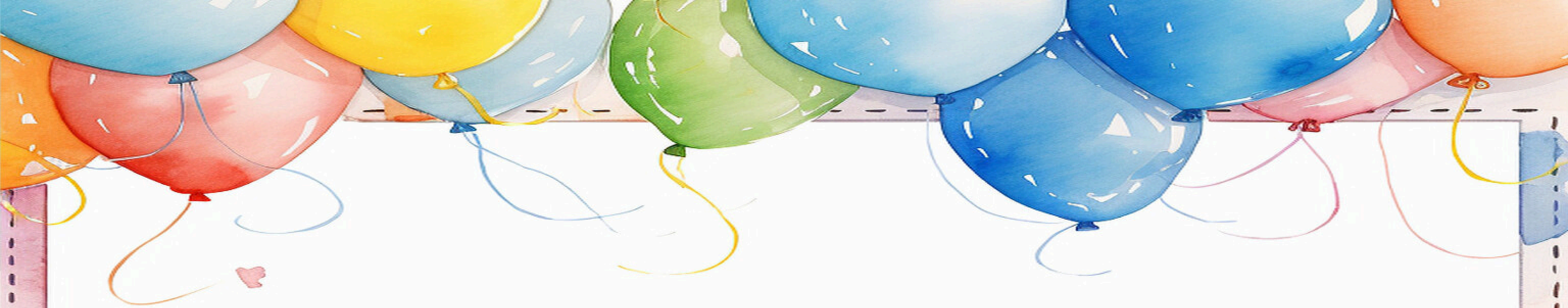




**“Okay!” Temple said. “It’s called Elephant
Breathing! Watch Purple Elephant!”**



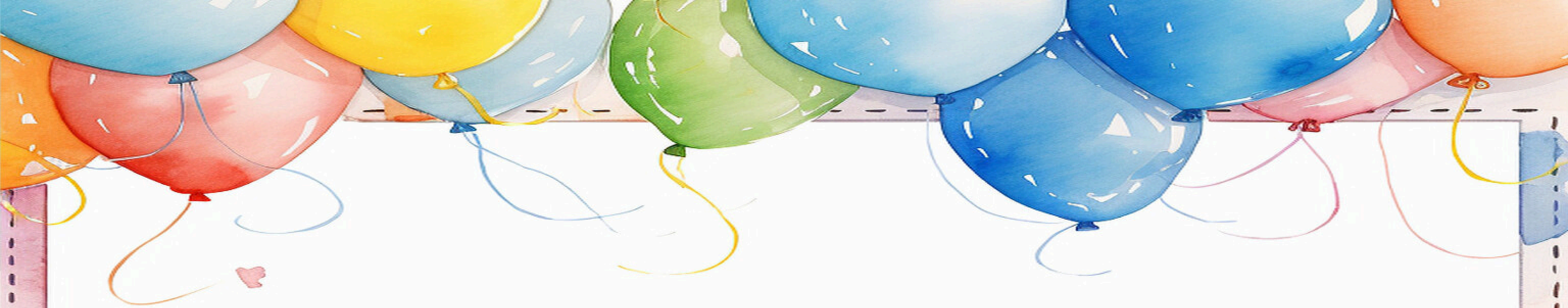




Purple Elephant lifted his trunk high, took a BIG
breath in...



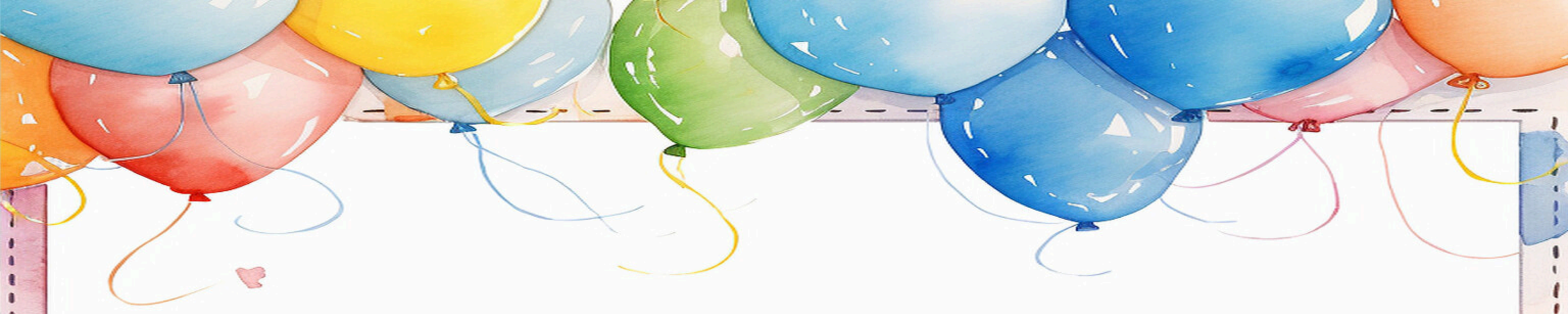




...and then he blew out slowly—“Pfffffffff!”—sending
bubbles floating everywhere!



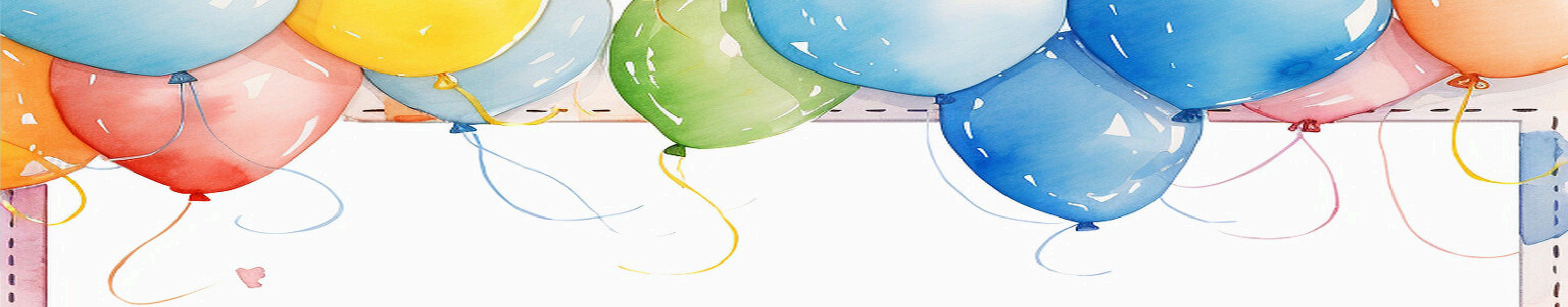


A row of colorful balloons in shades of blue, yellow, green, red, and orange hangs from the top of the page. Some balloons have long, thin ribbons trailing down. The background is white with a few small, faint yellow and pink spots.

“Your turn!” Temple said. “Arms up like an elephant trunk, big breath in..”



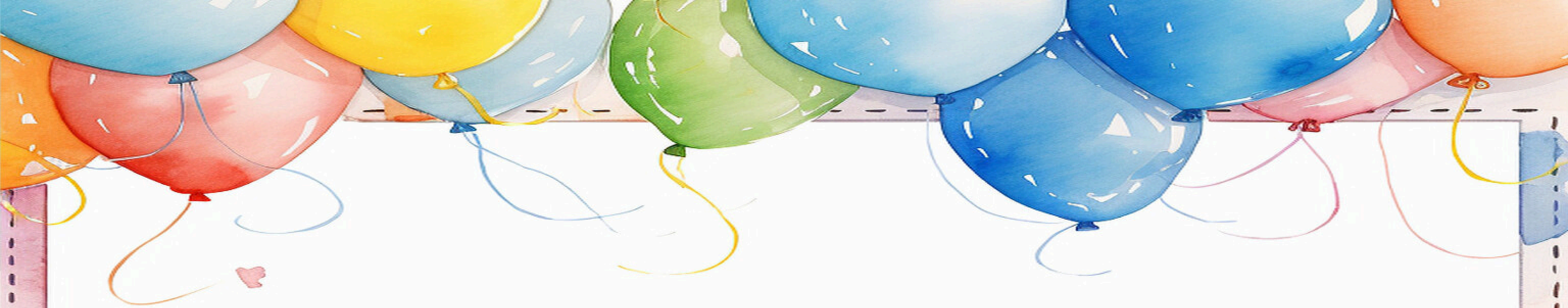




“..and blow out slow, like the silliest elephant
ever!”



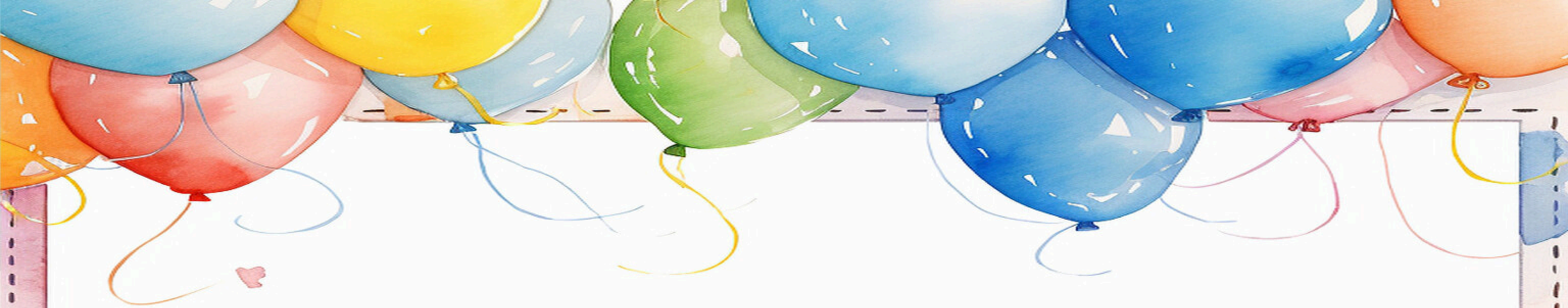




Mia giggled so hard she forgot to feel upset. “That was fun!”



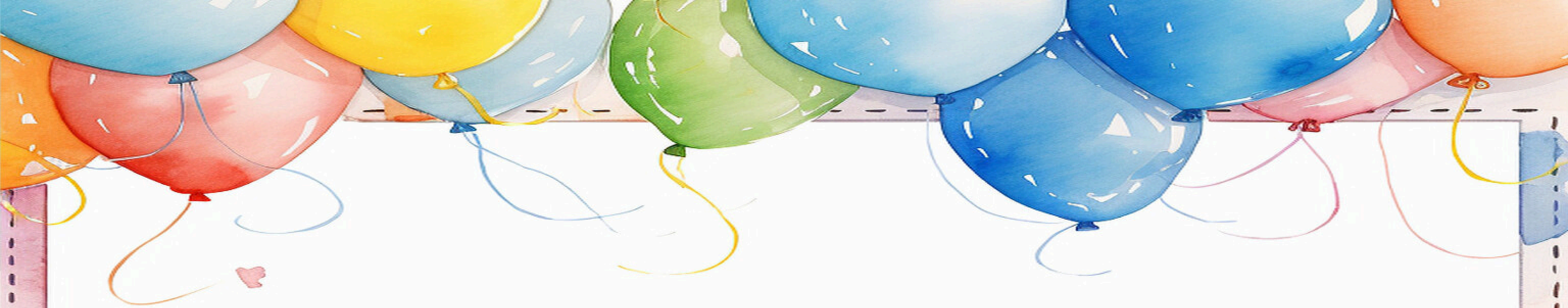




Temple hugged Mia. “See? Sometimes big breaths
help our big feelings.”



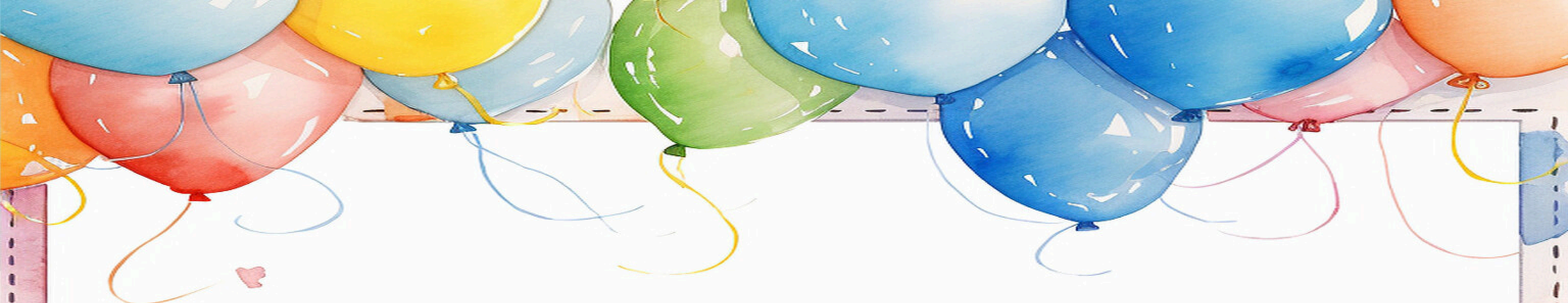




Mia smiled. "Thank you, Temple. And thank you,
Purple Elephant!"







And from that day, whenever Mia felt upset, she remembered: Big elephant breaths can make big feelings feel smaller.





When Mia feels upset, Temple and her silly, caring friend, Purple Elephant, show her that kindness-and a big compassionate breath-can help calm big feelings. A heartwarming story that teaches little readers how caring for others makes our hearts grow big and colorful!