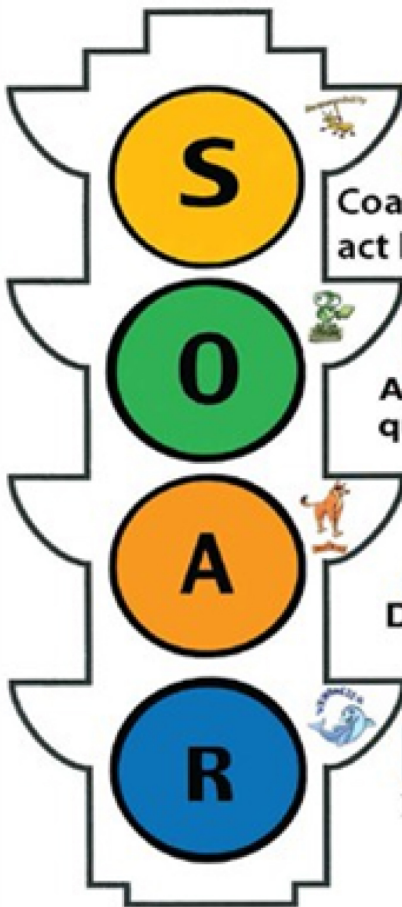


Character Champions® S.O.A.R. Signal
Tool # 2



Use the **S.O.A.R.**
Signal to Win



Stop

Coach yourself to think and act like a Character Champion.

Observe

Ask yourself the 4 Champ questions: "Is it... **smart?** **safe?** **kind?** **brave?"**

Act

Do your C.C. Action Plan.

Review

Did I solve the problem in a win-win way?

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Use the S.O.A.R Signal to train your brain to follow the four S.O.A.R. steps to guide your thoughts, feelings, and actions in Character Champion healthy, successful ways.

SOAR NOT SINK!!!!