

# Cali & GM Hummingbird

## The Power of Yet



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## **NOTE TO PARENTS, CAREGIVERS, AND TEACHERS**

Meet Cali—she’s six years old!\* She’s a Character Champion (CC) Kid who teaches growth mindset, and GM the Silver Hummingbird is her special friend. This book is especially helpful for children who get frustrated easily, feel stuck, give up quickly, or say, “I can’t do it.” Here’s what makes Cali so helpful: She’s just like your child. She has hard moments. She feels stuck sometimes. But she has a friend who helps her keep going. Together, they learn that “not yet” does not mean “never.” Because Cali is six and still learning, kids think: “If Cali can do it, I can do it too.”

### **How This Book Works**

The pictures are visual anchors. When your child sees Cali feeling stuck, hearing the word “yet,” and trying again, their brain remembers. Later, when something feels hard, you can say: “Remember Cali’s Power of Yet?”—and they know what to do.

### **Cali’s Growth Tools**

- Power of Yet — Change “I can’t” to “I can’t do it yet”
- Try Again — Keep going when it doesn’t work the first time
- GM Flap — Flap your arms and say “Yet! Yet! Yet!”
- Stuck Is Okay — Everyone feels stuck sometimes
- Brain Growth Thinking — Practice helps the brain grow
- Proud Finish — Notice progress and feel proud for not giving up

### **How to Read This Book**

- Read it when everyone’s calm. Make it fun! Practice saying “yet” together.
- Point to the pictures. Say: “Look! Cali feels stuck. Do you ever feel like that?”
- Read it again and again. Repetition is how kids learn.
- Use Cali’s words in real life. When something feels hard, ask: “What does Cali say?”

### **What to Expect**

At first, your child may just enjoy Cali and GM. After a week, they may start saying “yet” when something feels hard. After a month, they may begin trying again with more confidence. And eventually? They may remind YOU to use the Power of Yet too.

The magic happens when your child starts to think: “Cali is six. Cali feels stuck too. But Cali knows what to do—and so do I.”

Now go meet Cali! She’s waiting for you.

— **Dr. K.**

\* The CC Kids Flipbooks are primarily for 3–6-year-olds ... preschoolers through kindergarten. As younger children often model the older children, we naturally use a six-year-old “big kid” as the model.

Hi! I'm Cali. I'm six!  
I love to try new things.



I found a treasure box!  
I want to open it!



**GM Hummingbird comes!  
"I'll help you, Cali!" says GM.  
I smile.**



I find a key. I try it.  
It doesn't fit.  
Hmm.



I feel stuck. My body feels heavy.  
"I can't do it," I say.



"That feeling is okay," says GM.  
"Everyone feels stuck sometimes."  
I look up.



"You can't do it YET," says GM.  
"Yet means you're still learning!"  
"Yet?" I ask.



Yet means my brain is growing.  
Right now. While I try. I like that!  
The Power of Yet.



"Flap like me!" says GM.  
"Say Yet! Yet! Yet!"  
Wanna flap with me?



I flap! "Yet! Yet! Yet!"  
My body feels lighter.  
I smile!



I try again. Not yet — and that's okay.  
I keep going. The Power of Yet.



CLICK! The box opens!  
Light shines out!  
"I DID IT!" I say.



"Yet helped you!"  
You kept trying because of yet," GM says.  
"You didn't give up!"



My brain grew!  
I learned something new!  
I feel PROUD.

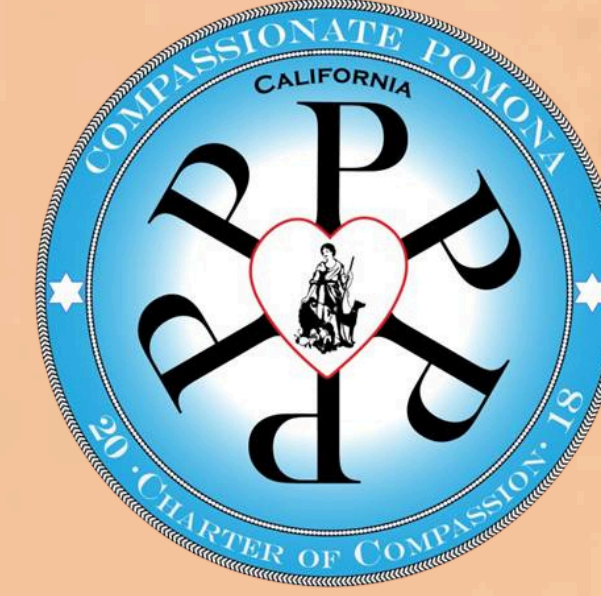


Now I teach Daddy!  
Flap with me, Daddy!  
Yet! Yet! Yet!



We keep trying. Together.  
Yet keeps us going.  
The Power of Yet.





# The End

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